



**THE RECOVERING BODY**  
**JENNIFER MATESA**  
 Dawn Farm | 24 May 2016

Prezi

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**Jennifer Matesa** is the author of four books of nonfiction about body, mind, and human wellbeing, including the forthcoming *Sex in Recovery: A Meeting Between the Covers* (October 2016) and *The Recovering Body: Physical and Spiritual Fitness for Living Clean and Sober* (2014), both from Hazelden Publishing. She speaks and writes widely, and she teaches English at the University of Pittsburgh. Her long-running site about addiction and recovery, **Guinevere Gets Sober** (<http://guineveregetssober.com>), was one of the first blogs of its kind and has always been dedicated to giving the public reliable, independent information about addiction and recovery without advertising or fees. Her commitment to removing the

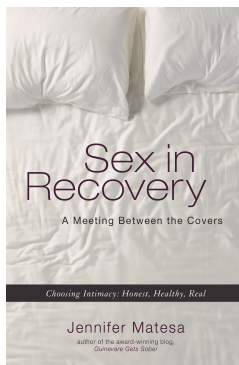
stigma from addiction and recovery earned her a fellowship at the Substance Abuse and Mental Health Services Administration (SAMHSA).

#### Connect with Jen

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**Available for preorder:** *Sex in Recovery: A Meeting Between the Covers*. In this groundbreaking book, Jennifer Matesa explores how to experience authentic physical pleasure that fulfills our need for healthy connection and intimacy.

Through a combination of candid, affirming testimonies from people from across a wide spectrum of genders and sexual orientations, perspective from sex educators and scientists, and the author's own insights, readers will come to understand how sexual energy can be a healthy life-force that heals and provides motivation for engagement in other productive areas of life: work, family, and community.