September 16, 2014 • Addiction 101
James Balmer, President, Dawn Farm
An examination of the dynamics of drinking and drug use; addiction as a brain disease and the basic recovery process.

September 23, 2014 • Opiates and Medicine: Where Are We, America?
Jeffrey P. Besperget, MD, FASAM
A historically based look at the medical use of opiates, especially in American Society. It focuses on the development and use of narcotic medications against the background of the three opiate epidemics in America.

September 30, 2014 • Chemical Dependency and the Family
Lynn Knaan Mainolfi, Ed.D.
Chemical dependency is a family condition. This workshop will describe the effects of chemical dependency on each family member.

October 21, 2014 • Addiction Recovery Management
Kevin McCauley, MD; co-founder of the Institute on Addiction Study; author of the award-winning DVD “Please Rescue My Nation!” a nationally-recognized leader in the field of addiction treatment.
Addiction is a chronic, potentially relapsing disorder that's commonly employed. Learn from a renowned expert on this topic about the elements of an effective disease management program.

October 28, 2014 • Cultivating Mindfulness to Support Recovery
Elizabeth A.R. Robinson, Ph.D., MSW
Cultivating mindfulness can support recovery from substance use disorders. This presentation will describe mindfulness, provide opportunities to experience and cultivate mindfulness, and review the evidence of its positive effect on recovery.

November 18, 2014 • Doctor’s Opinion on Alcoholism
Herbert Mainolfi, MD, FACP, FASAM
A physician’s view of alcoholism as presented in the literature of Alcoholics Anonymous and updated with the modern neurobiology of addictive illness.

November 25, 2014 • Collegiate Recovery Programs: Support Effective on Campus
Mary Jo Desprez, MA, Director, Wolferine Wellness, U of M Health Service; and Matthew Statman, LMSW, CAADC, University of Michigan Collegiate Recovery Program
The transition to a college environment can pose great risk to a recovering student. This presentation will raise awareness of the signs of risk to a recovering student. This presentation will provide a unique individual perspective regarding Al-Anon Family Groups.

December 16, 2014 • Suicide Prevention and Addiction
Raymond Dalton, MA, CAADC, Coordinator
Dawn Farm Outpatient & Adolescent Services
This program will raise awareness of the signs of suicidal thinking and describe ways to offer support and obtain help for people with addiction who may be contemplating suicide.

January 20, 2015 • Christian Spirituality and Recovery From Addiction
Ed Corin, BSEd, CAAC
Addiction Counselor, Detroit Campus Service Program
The 12 steps are a spiritual program which can benefit anyone (recovering or not). We explore the core of our spiritual needs and address our own life choices.

January 27, 2015 • Substance Use and Mental Disorders: One, the Other, or Both?
Stephen Stroble, PhD, RN; Clinical Associate Professor, University of Michigan School of Nursing; University of Michigan Department of Psychiatry
Substance use and mental disorders often travel together. This program explores historical and clinical aspects—including assessment, differential diagnosis, treatment, and recovery—of concurrent mental health and substance use disorders, also referred to as co-occurring disorders, comorbid conditions, or dual diagnosis.

February 17, 2015 • Grief & Loss in Addiction & Recovery
Janice Firn, LMSW, U of M Hospital; and Barn Smith, author of Brent’s World
An overview of how grief, loss and grief recovery are experienced by the individual and the family in addiction and recovery.

February 24, 2015 • The Intersection of Domestic Violence and Substance Abuse
Barbara Niess May, MPA, MSW, Executive Director, SafeHouse Center; and David J.H. Gavin, LMSW, Founder, Alternatives to Domestic Aggression, Chief Operating Officer of Catholic Social Services of Washtenaw County
Offender and survivor substance abuse will be central to this discussion. Learn to recognize the importance of understanding domestic violence and substance abuse in order to safely and effectively intervene.

March 17, 2015 • Al-Anon: A Panel Discussion
Members of the 12 step family program
Do you love a person with addiction? A lively panel discussion with a unique individual perspective regarding Al-Anon Family Groups.

March 24, 2015 • Recovery and Spiritual Change
Elizabeth A.R. Robinson, Ph.D., MSW
Many people believe that changes in one's spirituality/religiousness support recovery. This presentation will look at the results of research with 364 alcoholics over 3 years, including changes in alcohol use (sobriety), AA involvement, many dimensions of spirituality and religiousness (including beliefs, prayer and meditation, purpose in life, and forgiveness,) and how they relate to each other.

March 31, 2015 • Trauma, Chemical Use & Addiction
Tana Bridge, PhD., LMSW, MSW Program Director
Dawn Farm Medical Director
Explore the difference between addiction and dependence, mechanisms of physical dependency, brain neurochemistry and the effects of treatment.

April 28, 2015 • Tobacco Cessation & Recovery
Anna Byberg, Program Coordinator
Dawn Farm Spera Recovery Center; and Aaron Sugerman, BSW
This presentation will describe the prevalence of tobacco dependence among people with addiction, the relationship between tobacco use and recovery, and basic information about how to quit using tobacco.

May 19, 2015 • Physiology of Addiction
Carl Christensen, MD, PhD, TASSG, FASAM
Dawn Farm Medical Director
Explore the difference between addiction and dependence, mechanisms of physical dependency, brain neurochemistry and the effects of treatment.

June 16, 2015 • How to Support Recovery & Not Support Addiction
Charles F. Gehrie, MD, FACP, FASAM
When all else has failed—what does work when confronted with a loved one’s addiction?

June 23, 2015 • Relapse Prevention
Erik Anderson, LLMSW
Dawn Farm Outpatient Therapist
Relapse is a process that starts before resumption of alcohol/other drug use. Learn about warning signs that may predict relapse, how to develop a relapse prevention plan, and strategies that help have a better everyday and high-risk situations...