



# ★ 2018/2019 DAWN FARM EDUCATION SERIES ★

## PROVIDING FREE INFORMATION ON ADDICTION AND RECOVERY FOR 28 YEARS

All programs are free and open to recovering individuals, people interested in recovery, family members and others affected by substance use disorders, students and professionals—ALL ARE WELCOME. A certificate of attendance is provided upon request—CEU's are available (MCBAP-approved education provider). Registration is not required.

**February 26, 2019**

### **Co-occurring Eating Disorders and Addiction: Implications for Recovery**

Tiffany Schultz, LLMSW; Dawn Farm Outpatient Therapist  
Eating Disorders and Substance Use Disorders often converge in complex ways. Simultaneous treatment of both disorders is the best course of action, and long-term recovery from both disorders is possible. This presentation will explore the ways in which these two very serious conditions intersect and how those intersections impact the course of treatment and recovery.

**March 19, 2019**

### **Does Addiction Treatment Work?**

Carl Christensen, MD, Ph.D., D-FASAM  
Dawn Farm Medical Director

Feeling confused by conflicting reports on addiction's causes and treatments? Dr. Christensen will review the recent criticisms of treatment for addiction including Twelve Step, residential, and medication assisted therapy, the scientific studies that do and do not support their use and other controversial issues.

**March 26, 2019**

### **Grief & Loss in Addiction & Recovery**

Jerry Fouchey, BS, MA, SpA, CADC; Dawn Farm Personal Medicine therapist and Didactic Group Facilitator; and Barb Smith, author of "Brent's World."

An overview of how grief, loss and grief recovery are experienced by the individual and the family in addiction and recovery, with a personal story of grief, loss and recovery.

**April 16, 2019**

### **Intervention to Durable Recovery: The Power of Family**

Debra and Jeff Jay, best-selling authors,  
clinicians & educators

Debra and Jeff Jay will describe effective techniques for doing an intervention and developing a family recovery team, based on their books *Love First* and *It Takes a Family* (Book sale/signing after presentation)

**April 23, 2019**

### **People Like Me: Mutual Aid and Recovery from Substance Use Disorders**

Todd Diana, Dawn Farm staff

People with substance use disorders and their families/friends have an expansive menu of mutual aid groups they can turn to for practical help and support along with a sense of belonging, understanding, acceptance and connection. Learn about the history, development, and research-supported efficacy of mutual aid recovery programs and hear a panel discussion by members of a sampling of mutual aid programs.

**April 30, 2019**

### **Barking to the Choir: The Power of Radical Kinship**

Gregory Boyle

See special insert on this page for a description of this powerful program.

**May 21, 2019**

### **Relapse Prevention**

Erik Anderson LMSW, CAADC, University of Michigan  
Counseling and Psychological Services

Relapse is a process that starts before resumption of alcohol/other drug use. Learn about warning signs that may predict relapse, how to develop a relapse prevention plan, and strategies that help handle both everyday and high-risk situations.

**May 28, 2019**

### **Co-Occurring Disorders: Understanding Self-Medication and Complex Recovery**

Jeremy Suttles, MSE, LMSW; Clinical Social Worker,  
University of Michigan Hospital -  
Adult Inpatient Psychiatry

Co-Occurring Disorders or Dual Diagnosis are the terms used to describe having both a substance use disorder and a mental health or medical illness; the symptoms of one influence the symptoms and treatment of the other. This presentation will explore a comprehensive model of recovery that provides for emotional and physical health recovery as well as ongoing sobriety.

**June 18, 2019**

### **Coordinating a Community Response to the Opioid Epidemic**

Molly Welch Marahar, MPP; WHI Opioid Project Coordinator, Center for Healthcare Research & Transformation. Carrie Rheingans, MSW, MPH; WHI Project Manager, Center for Healthcare Research & Transformation; and a panel of WHI Opioid Project members

The WHI Opioid Project is a cross sector coalition that was formed to address the opioid crisis in Washtenaw County. Learn about a coordinated community-level response to the opioid epidemic from a public health perspective and find ways to get involved.

**June 25, 2019**

### **Spirituality in Recovery:**

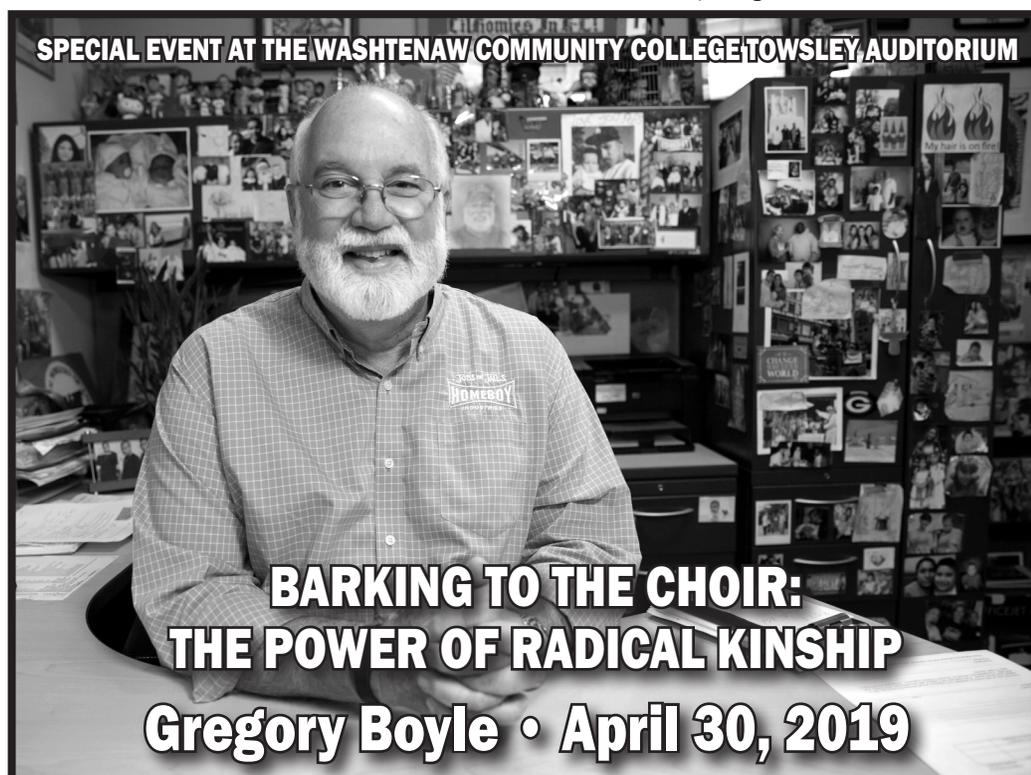
#### **The Many Paths to Spiritual Fitness**

Jerry Fouchey, BS, MA, SpA, CADC; Dawn Farm Personal Medicine therapist and Didactic Group Facilitator

12 Step recovery programs challenge participants spiritually through the 11th Step. The literature points out that recovering people have "tread innumerable paths" in this process.

Participants will be encouraged to clarify their personal understanding of a Higher Power and explore growth in this area.

**SPECIAL EVENT AT THE WASHTENAW COMMUNITY COLLEGE TOWSLEY AUDITORIUM**



**BARKING TO THE CHOIR:  
THE POWER OF RADICAL KINSHIP**

**Gregory Boyle • April 30, 2019**

Gregory Boyle is the founder of Homeboy Industries in Los Angeles, Calif., the largest gang intervention, rehabilitation, and re-entry program in the world.

A Jesuit priest, from 1986 to 1992 Father Boyle served as pastor of Dolores Mission Church, then the poorest Catholic parish in Los Angeles that also had the highest concentration of gang activity in the city. Father Boyle witnessed the devastating impact of gang violence on his community during the so-called "decade of death" that began in Los Angeles in the late 1980s and peaked at 1,000 gang-related killings in 1992. In the face of law enforcement tactics and criminal justice policies of suppression and mass incarceration as the means to end gang violence, Father Boyle and parish and community members adopted what was a radical approach at the time: treat gang members as human beings.

In 1988 they started what would eventually become Homeboy Industries, which employs and trains former gang members in a range of social enterprises, as well as provides critical services to thousands of men and women who walk through its doors every year seeking a better life.

Gregory Boyle will share how compassion, kindness, and kinship are the tools to fight despair and decrease marginalization. Through his stories and parables, all will be reminded that no life is less valuable than another.

This program will be held at the Washtenaw Community College Towsley Auditorium,  
Morris Lawrence Building, 4800 East Huron River Drive, Ann Arbor Michigan. Book signing follows!

**ALL PROGRAMS 7:30 PM TO 9:00 PM**

**AT ST. JOE'S EDUCATION CENTER, 5305 ELLIOTT DRIVE, YPSILANTI (EXCEPT APRIL 30, 2019)**

**FOR INFORMATION, CALL 734.485.8725 OR VISIT WWW.DAWNFORM.ORG**

