

DAWN FARM EDUCATION SERIES PRESENTS

a FREE presentation by

**GEORGE E. VAILLANT, MD**



# POSITIVE EMOTIONS AND THE SUCCESS OF ALCOHOLICS ANONYMOUS

**SEPTEMBER 20, 2016**

**7:30 PM TO 9:00 PM.**

**Reception from 6:30 to 7:30 pm, with snacks, beverages  
and the opportunity to meet and socialize.**

Dr. Vaillant is a Professor of Psychiatry at Harvard Medical School and the Department of Psychiatry, Massachusetts General Hospital. He is graduate of Harvard College and Harvard Medical School; Dr. Vaillant did his psychiatric residency at the Massachusetts Mental Health Center. He has spent his research career charting adult development, the importance of involuntary coping mechanisms, and recovery from alcoholism. From 1970 to 2005 he was Director of the Study of Adult Development at the Harvard University Health Service. The study is arguably the longest (75 years) prospective psychosocial and medical study of males in the world. At age 80 he is now the beneficiary of his own research.

More recently Vaillant has been interested in positive emotions and their relationship to Positive Psychology. In 2000 he became a founding member of Positive Psychology. He has been a Fellow at the Center for the Advanced Study in the Behavioral Sciences, a past Class A (nonalcoholic trustee) of Alcoholics Anonymous and is a Fellow of the International Positive Psychology Association. He has received the Jellinek Memorial Award and American Psychiatric Association Distinguished Service Award.

His published works include *Adaptation to Life*, 1977, *The Natural History of Alcoholism-Revisited*, 1995, *Aging Well*, 2002, *Spiritual Evolution*, 2008 and *Triumphs of Experience*, 2012.

**St. Joseph Mercy Hospital Education Center  
5305 Elliott Drive, Ypsilanti, Michigan**

Registration is not required. A certificate of attendance can be provided. FREE C.E. (1.5 hours) for addiction professionals (NAADAC and MCBAP Approved Education Provider). For other details, contact Dawn Farm at 734.485.8725 or [www.dawnfarm.org](http://www.dawnfarm.org).