

# ★ 2014/2015 DAWN FARM EDUCATION SERIES ★

## FREE INFORMATION ON CHEMICAL DEPENDENCY AND RECOVERY FOR 24 YEARS

All programs are free and open to students, recovering individuals, professionals, people interested in recovery, family members and others affected by chemical dependency—ALL ARE WELCOME. A certificate of attendance is provided upon request—CEU's are available. Registration is not required.

### September 16, 2014 • Addiction 101

James Balmer, President, Dawn Farm  
An examination of the dynamics of drinking and drug use; addiction as a brain disease and the basic recovery process.

### September 23, 2014 • Opiates and Medicine: Where Are We, America?

Jeffrey P. Berger, MD, FASAM  
A historically based look at the medical use of opiates, especially in American Society. It focuses on the development and use of narcotic medications against the background of the three opiate epidemics in America.

### September 30, 2014 • Chemical Dependency and the Family

Lynn Kleiman Malinoff, Ed.D.  
Chemical dependency is a family condition. This workshop will describe the effects of chemical dependency on each family member.

### October 21, 2014 • Addiction Recovery Management

Kevin McCauley, MD; co-founder of the Institute on Addiction Study; author of the award-winning DVD "Pleasure Unwoven;" nationally-recognized leader in the field of addiction treatment.  
Addiction is a chronic, potentially relapsing disorder more effectively managed with a chronic care model than the acute care model that's commonly employed. Learn from a renowned expert on this topic about the elements of an effective disease management program.

Reception from 6:30 to 7:30 pm, with light food, beverages and the opportunity to meet and socialize.

### October 28, 2014 • Cultivating Mindfulness to Support Recovery

Elizabeth A.R. Robinson, Ph.D., MSW  
Cultivating mindfulness can support recovery from substance use disorders. This presentation will describe mindfulness, provide opportunities to experience and cultivate mindfulness, and review the evidence of its positive effect on recovery.

### November 18, 2014 • Doctor's Opinion on Alcoholism

Herbert Malinoff, MD, FACP, FASAM; Pain Recovery Solutions  
A physician's view of alcoholism as presented in the literature of Alcoholics Anonymous and updated with the modern neurobiology of addictive illness.

### November 25, 2014 • Collegiate Recovery Programs: Supporting Second Chances

Mary Jo Desprez, MA, Director, Wolverine Wellness, U of M Health Service; and Matthew Statman, LMSW, CAADC, University of Michigan Collegiate Recovery Program Manager  
The transition to a college environment can pose great risk to a recovering student. This presentation will provide an overview of the national and local efforts to build recovery support programs on college campuses and describe how collegiate recovery programs support students.

### December 16, 2014 • Suicide Prevention and Addiction

Raymond Dalton, MA, CAADC, Coordinator  
Dawn Farm Outpatient & Adolescent Services  
This program will raise awareness of the signs of suicidal thinking and describe ways to offer support and obtain help for people with addiction who may be contemplating suicide.

### January 20, 2015 • Christian Spirituality and Recovery From Addiction

Ed Conlin, BSEd, CADC;  
Addiction Counselor, Detroit Capuchin Service System  
The 12 steps are a spiritual program which can benefit anyone (recovering or not). We explore the core of our spiritual needs and address our own life choices.

### January 27, 2015 • Substance Use and Mental Disorders: One, the Other, or Both?

Stephen Strobbe, PhD, RN; Clinical Associate Professor, University of Michigan School of Nursing, University of Michigan Department of Psychiatry  
Substance use and mental disorders often travel together. This program explores historical and clinical aspects—including assessment, differential diagnosis, treatment, and recovery—of concurrent mental health and substance use disorders, also referred to as co-occurring disorders, comorbid conditions, or dual diagnosis.

### February 17, 2015 • Grief & Loss in Addiction & Recovery

Janice Finn, LMSW, U of M Hospital; and Barb Smith, author of Brent's World  
An overview of how grief, loss and grief recovery are experienced by the individual and the family in addiction and recovery.

### February 24, 2015 • The Intersection of Domestic Violence and Substance Abuse

Barbara Niess May, MPA, MSW; Executive Director, SafeHouse Center; and David J.H. Garvin, LMSW; Founder, Alternatives to Domestic Aggression, Chief Operating Officer of Catholic Social Services of Washtenaw County  
Offender and survivor substance abuse will be central to this discussion. Learn to recognize the importance of understanding domestic violence and substance abuse in order to safely and effectively intervene.

### March 17, 2015 • Al-Anon: A Panel Discussion

Members of the 12 step family program  
Do you love a person with addiction? A lively panel discussion with a unique individual perspective regarding Al-Anon Family Groups.

### March 24, 2015 • Recovery and Spiritual Change

Elizabeth A.R. Robinson, Ph.D., MSW.  
Many people believe that changes in one's spirituality/religiousness support recovery. This presentation will look at the results of research with 364 alcoholics over 3 years, including changes in alcohol use (sobriety), AA involvement, many dimensions of spirituality and religiousness (including beliefs, prayer and meditation, purpose in life, and forgiveness,) and how they relate to each other.

### March 31, 2015 • Trauma, Chemical Use & Addiction

Tana Bridge, Ph.D., LMSW, MSW Program Director  
School of Social Work, Eastern Michigan University  
Research highlights the relationship between use, addiction and trauma. We will review symptoms of trauma and trauma work in treatment and recovery.

### April 21, 2015 • Intervention!

Jeff and Debra Jay, Intervention Specialists  
Authors of Love First and other related books  
Join these internationally-acclaimed best-selling authors as they describe their effective model for intervention with addicted loved ones. Learn how "Love First" is the way to help people find recovery.

### April 28, 2015 • Tobacco Cessation & Recovery

Anna Byberg, Program Coordinator, Dawn Farm Spera Recovery Center; and Aaron Sugaunuma, BSW  
This presentation will describe the prevalence of tobacco dependence among people with addiction, the relationship between tobacco use and recovery, and basic information about how to quit using tobacco.

### May 19, 2015 • Physiology of Addiction

Carl Christensen, MD, PhD, FASOG, FASAM.  
Dawn Farm Medical Director and Emily Brunner, MD  
Explore the difference between addiction and dependence, mechanisms of physical dependency, brain neurochemistry and the effects of treatment.

### May 26, 2015 • In the Doctor's Office: Recovery Friend or Foe?

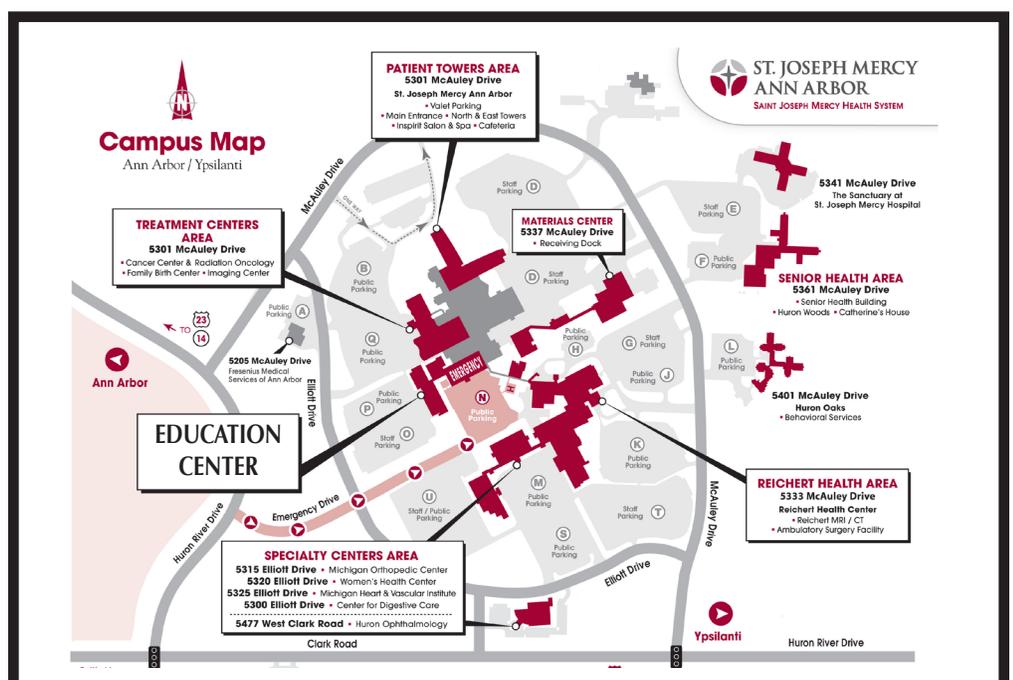
Mark A. Weiner, MD; Internal Medicine and Addiction Medicine; and Matthew Statman, LMSW, CAADC, University of Michigan Collegiate Recovery Program Manager  
Some say the doctor's office is a dangerous place for people in recovery. It's also been said that recovering people are terrible patients. Are these statements fair? Learn why health care providers are essential allies for long term recovery—and how recovering people can recruit health care providers as allies.

### June 16, 2015 • How to Support Recovery & Not Support Addiction

Charles F. Gehrke, MD, FACP, FASAM  
When all else has failed—what does work when confronted with a loved one's addiction?

### June 23, 2015 • Relapse Prevention

Erik Anderson, LLMMSW  
Dawn Farm Outpatient Therapist  
Relapse is a process that starts before resumption of alcohol/other drug use. Learn about warning signs that may predict relapse, how to develop a relapse prevention plan, and strategies that help handle both everyday and high-risk situations..



FREE ADMISSION! • ALL PROGRAMS 7:30 PM TO 9:00 PM  
HELD AT ST. JOE'S EDUCATION CENTER, 5305 ELLIOTT DRIVE, YPSILANTI  
FOR INFORMATION, CALL 734.485.8725 OR VISIT WWW.DAWNFARM.ORG

