

★ 2015/2016 DAWN FARM EDUCATION SERIES ★

FREE INFORMATION ON CHEMICAL DEPENDENCY AND RECOVERY FOR 25 YEARS

All programs are free and open to students, recovering individuals, professionals, people interested in recovery, family members and others affected by chemical dependency—ALL ARE WELCOME. A certificate of attendance is provided upon request—CEU's are available. Registration is not required.

September 22, 2015 • Opiates and Medicine: Where Are We, America?

Jeffrey P. Berger, MD, FASAM

A historically based look at the medical use of opiates, especially in American Society, focusing on the development and use of narcotic medications against the background of the three opiate epidemics in America.

September 29, 2015 • Chemical Dependency and the Family

Lynn Kleiman Malinoff, Ed.D.

Chemical dependency is a family condition. Learn about the effects of chemical dependency on each family member.

October 20, 2015 • The Intersectionality of Domestic Violence, Sexual Assault and Substance Abuse

Barbara Niess May, MPA, MSW; Executive Director, SafeHouse Center; and David J.H. Garvin, LMSW; Founder, Alternatives to Domestic Aggression, Chief Operating Officer of Catholic Social Services of Washtenaw County

Learn the importance of understanding the relationship between domestic violence/sexual assault and substance use/abuse in order to safely and effectively intervene with the perpetrator and support the survivor.

October 27, 2015 • Navigating Grace: Sustaining Recovery Through Grief and Loss

Jeff Jay; best-selling author and counselor

This is based on Jeff Jay's book, Navigating Grace. It will describe the spiritual foundations of recovery and how a spiritual connection can help people navigate through adversity, including personal testimony to the power of grace – and how to find it in times of loss.

November 17, 2015 • Trauma, Chemical Use & Addiction

Tana Bridge, PhD., LMSW, MSW Program Director School of Social Work, Eastern Michigan University

Research highlights the relationship between use, addiction and trauma. We will review symptoms of trauma and trauma work in treatment and recovery.

November 24, 2015 • How to Support Recovery & Not Support Addiction

Charles F. Gehrke, MD, FACP, FASAM

When all else has failed—what does work when confronted with a loved one's addiction?

December 15, 2015 • Relapse Prevention

Erik Anderson, LMSW, CAADC

Dawn Farm Outpatient Therapist

Relapse is a process that starts before resumption of alcohol/other drug use. Learn about warning signs that may predict relapse, how to develop a relapse prevention plan, and strategies that help handle both everyday and high-risk situations.

January 19, 2016 • The Brain and Recovery: An Update on Neuroscience of Addiction

Kevin McCauley, MD; co-founder of the Institute on Addiction Study; author of the award-winning DVD "Pleasure Unwoven;" nationally-recognized leader in the field of addiction treatment.

Learn about the most current neuroscientific research about addiction—research that explains how the brain constructs pleasurable experiences and impacts the ability to make proper choices.

January 26, 2016 • Telling Our Stories:

Narratives for Recovery in Alcoholics Anonymous Stephen Strobbe, PhD, RN; Clinical Associate Professor, University of Michigan School of Nursing, and the Department of Psychiatry

Storytelling has always been an important part of Alcoholics Anonymous (AA). We examined the shared elements of personal stories in the Big Book, and propose a model to help us better understand and appreciate these transformative narratives.

February 16, 2016 • Collegiate Recovery Programs: Supporting Second Chances

Mary Jo Desprez, MA, Director, Wolverine Wellness, U of M Health Service; and Matthew Statman, LMSW, CAADC, University of Michigan Collegiate Recovery Program Manager

The transition to a college environment can pose great risk to a recovering student. This presentation will provide an overview of the national and local efforts to build recovery support programs on college campuses and describe how collegiate recovery programs support students.

February 23, 2016 • Suicide Prevention and Addiction

Raymond Dalton, MA, CAADC, Coordinator Dawn Farm Outpatient & Adolescent Services

This program will raise awareness of the signs of suicidal thinking and describe ways to offer support and obtain help for people with addiction who may be contemplating suicide.

March 15, 2016 • Does Treatment Work?

Carl Christensen, MD, PhD, FASOG, FASAM

Dawn Farm Medical Director

Feeling confused by conflicting reports on addiction's causes and treatments? Dr. Christensen will review the recent criticisms of treatment for addiction including Twelve Step, residential, and medication assisted therapy, the scientific studies that do and do not support their use and other controversial issues.

March 22, 2016 • The History of Narcotics Anonymous

Chris Budnick, MSW, LCSW, LCAS, CCS; VP of Programs for The Healing Place of Wake County; Boyd Pickard, Research Assistant at the Illinois Addiction Studies Archives Narcotics Anonymous (N.A.) constitutes one of the most important addiction recovery mutual aid resources. This presentation will review the history of NA, with a particular emphasis on the role members of Alcoholics Anonymous played in the birth and early evolution of N.A.

March 29, 2016 • Intervention to Durable Recovery: The Power of Family

Debra and Jeff Jay, best-selling authors and counselors

Debra and Jeff Jay will describe effective techniques for doing an intervention and developing a family recovery team, based on their books Love First and It Takes a Family

April 19, 2016 • Grief & Loss in Addiction & Recovery

Janice Firm, LMSW, U of M Hospital; and Barb Smith, author of Brent's World

An overview of how grief, loss and grief recovery are experienced by the individual and the family in addiction and recovery.

April 26, 2016 • Christian Spirituality and Recovery From Addiction

Ed Conlin, BSEd, CADAC;

Addiction Counselor, Detroit Capuchin Service System The 12 steps are a spiritual program which can benefit anyone (recovering or not). We explore the core of our spiritual needs and address our own life choices.

May 17, 2016 • Cultivating Mindfulness to Support Recovery

Elizabeth A.R. Robinson, Ph.D., MSW, MPH

Cultivating mindfulness can support recovery from substance use disorders. This presentation will describe mindfulness, provide opportunities to experience and cultivate mindfulness, and review the evidence of its positive effect on recovery.

May 24, 2016 • The Recovering Body

Jennifer Matesa, author, educator and speaker and person dedicated to long-term recovery

Explore five approaches to addiction recovery that combine physical practices with the traditional spiritual enlargement that 12-step abstinent recovery asks us to undertake. These approaches have abundant scientific research backing them, making them not only a way to gain confidence and "feel better" in recovery but also to prevent relapse and to fit ourselves to contribute to society

May 31, 2016 • In the Doctor's Office: Recovery Friend or Foe?

Mark A. Weiner, MD; Internal Medicine and Addiction Medicine; and Matthew Statman, LMSW, CAADC, University of Michigan Collegiate Recovery Program Manager

Some say the doctor's office is a dangerous place for people in recovery. It's also been said that recovering people are terrible patients. Are these statements fair? Learn why health care providers are essential allies for long term recovery—and how recovering people can recruit health care providers as allies.

June 21, 2016 • Tobacco Cessation & Recovery

Anna Byberg, Program Coordinator, Dawn Farm Spera Recovery Center; and Aaron Suganuma, LMSW

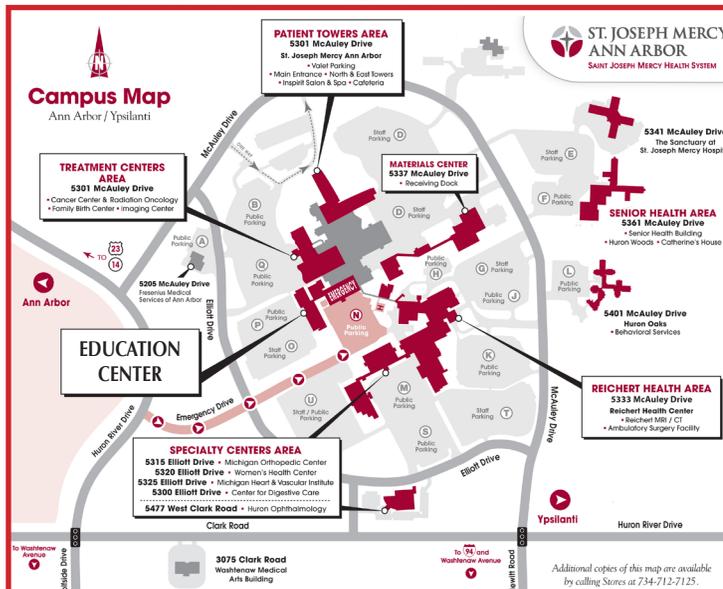
Learn about the prevalence of tobacco dependence among people with addiction, the relationship between tobacco use and recovery, and basic information about how to quit using tobacco.

June 28, 2016 • Spirituality in Recovery: The Many Paths to Spiritual Fitness

Jerry Fouchey, BS, MA, SpA; Dawn Farm Spera Recovery Center Counselor and Outpatient Therapist

12 Step recovery programs challenge participants spiritually through the 11th Step. The literature points out that recovering people have "tread innumerable paths" in this process. Participants will be encouraged to clarify their personal understanding of a Higher Power and explore growth in this area.

25TH YEAR! 1990 - 2015



IMPORTANT NOTE

We welcome you to our 25th season of the Dawn Farm Education Series!

All programs are free and open to students, recovering individuals, professionals, people interested in recovery, family members and others affected by chemical dependency—ALL ARE WELCOME.

A certificate of attendance is provided upon request—CEU's are available - MCBAP/NAADAC approved education provider.

We hope to see you this year for some truly amazing programs!



ALL ARE WELCOME! • ALL PROGRAMS 7:30 PM TO 9:00 PM
HELD AT ST. JOE'S EDUCATION CENTER, 5305 ELLIOTT DRIVE, YPSILANTI
FOR INFORMATION, CALL 734.485.8725 OR VISIT WWW.DAWNFORM.ORG

