

INTERVENTION! by Jeff and Debra Jay

Dawn Farm Education Series: March 23, 2010

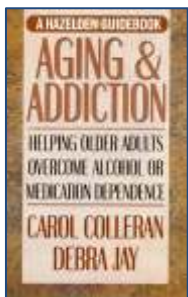
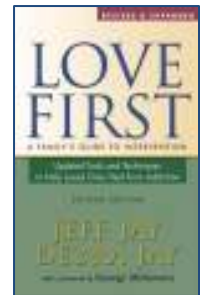


For additional information and resources about Intervention:

Jeff and Debra Jay's "Love First" web site provides a place to begin. You'll find information about intervention, about older adult intervention, articles, tools, checklists, resources, recommended reading, frequently asked questions, a bookstore, videos, and a page for contacting Jeff and Debra Jay. The Love First web site is at: <http://www.lovefirst.net>.

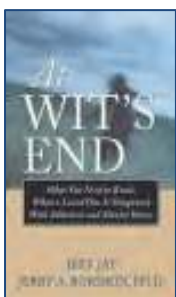
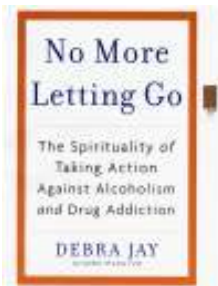
Books by Jeff and Debra Jay are available wherever books are sold, and additionally are described and can be ordered from the "Bookstore" page on their "Love First" Web site: <http://www.lovefirst.net/bookstore/ourbooks.htm>.

Love First: A New Approach to Intervention for Alcoholism and Drug Addiction, by Jeff Jay and Debra Jay. A standard setting book on intervention, *Love First* has helped tens of thousands of families, friends, and professionals create a loving and effective plan for helping those who suffer from addiction. First published in 2000, the second edition of *Love First*, revised and expanded in 2008, includes a new letter writing technique, additional resources and more information on co-occurring disorders. This edition adds to the core material of this classic book with the most up-to-date scientific information and new intervention techniques for alcohol and other drug addictions — and an array of disorders. Comments: "Love First provides the most detailed account yet of how intervention works. A significant contribution to intervention literature. An empowering antidote to the disease of addiction." ~William L. White, author *Slaying the Dragon: The History of Addiction Treatment*. | "A no-nonsense approach to how to save someone you love from the ravages of addiction disease." ~ William Cope Moyers, author of *Broken*. | "Building a team, choosing a chairperson, anticipating objections, using checklists, and rehearsing for the intervention itself. The reader will find it all here!" ~ Robert M. Morse, M.D., Professor of Psychiatry emeritus, Mayo Medical School; former Director of Addictive Disorders Services, Mayo Clinic. For additional information: please see <http://lovefirst.net/lovefirst.htm>.



Aging and Addiction: Helping Older Adults Overcome Alcohol or Medication Dependence, by Debra Jay and Carol Colleran. Older adults quickly lose their health, their mental clarity, and their ability to live independently when suffering from alcoholism or addiction to mood-altering prescription drugs. The good news is, older adults are more successful in treatment than any other age group. Comments: "Finally, a book that supports families helping older adults maintain independence, sobriety, and joy of life." ~ Max Schneider, M.D., F.A.S.A.M. | "This superb book will save lives." ~ Barry McCaffrey, former U.S. Drug Czar. | Information about older adult intervention can also be found at <http://lovefirst.net/agad.htm>.

No More Letting Go: The Spirituality of Taking Action Against Alcoholism and Drug Addiction, by Debra Jay. Families have been told they must "detach" and let their addict "hit bottom." But Debra Jay says addiction doesn't have the right to trump the welfare of the family. She offers a bold new approach that provides a practical and spiritual lifeline to families struggling with alcohol or drug abuse. Comments: "An exciting, cutting-edge book that will inspire families to know and act from a place of courage and power—allowing them to step outside the shadow of addiction, reclaim their lives, and effectively intervene with their loved ones." ~ Claudia Black, author of *It Will Never Happen to Me*. | "Passionate, original, and thought-provoking, No More Letting Go is a must-have book for families and friends of addicted people. This book will save lives." ~ Katherine Ketcham, coauthor of *Beyond the Influence*. | For additional information: please see <http://lovefirst.net/nmlg.htm>.



At Wit's End: What You Need to Know When a Loved One Is Diagnosed with Addiction and Mental Illness, by Jeff Jay and Jerry Boriskin, Ph.D. The definitive guide for families, patients and clinicians faced with dual diagnosis and co-occurring disorders. The book includes descriptions of common diagnoses, new treatment strategies, case histories and more; and integrates the best evidenced-based medicine with Twelve Step recovery in a new approach that breaks down barriers and makes treatment work. Comments: "At Wit's End skillfully shares useful science and practice in an engaging and manageable read. When nothing is left but hope, this book is a light to stable and rewarding recovery." ~ Johnny W. Allem, President/CEO of Johnson Institute. | "A practical step-by-step guide for people seeking hope and help through the shadowy maze of mental illness and addiction." - William Cope Meyers. | For additional information: please see <http://www.lovefirst.net/atwitsend.htm>.

Outlines of tonight's talk: Jeff and Debra will e-mail an outline of tonight's talk to audience members who request an outline by e-mailing them through the Love First website: <http://lovefirst.net/contact.htm>.