



DAWN FARM RESIDENTIAL SERVICES

Information for prospective residents and their families

WHAT IS DAWN FARM?

Dawn Farm is a private, non-profit organization with a number of sites in Washtenaw County. We offer co-educational, drug-free programs, licensed by the Michigan Center for Substance Abuse Services (CSAS), and accredited by the Commission for Accreditation of Rehabilitation Facilities (CARF).

UNIQUE RESIDENTIAL PROGRAMS

Our program is designed to assist individuals in achieving lasting recovery from chemical dependency. We have two recommended tracks: one to three months and three to six months. Individuals can reside at either our 74 acre farm in Ypsilanti (Dawn Farm) or Huron Street House in Ann Arbor.

Dawn Farm residential sites offer group therapy and other supportive services while remaining based upon the principles of Alcoholics Anonymous. All residents are expected to develop and maintain a personal recovery program utilizing AA's valuable principles. In addition, a strong work ethic and meaningful work activities are an integral part of the treatment process.

PHILOSOPHY

Chemical dependency is a disease that can be effectively treated, and recovery is available to individuals regardless of their drug of abuse. Our staff believes in the dignity and value of each resident and in his/her capacity to develop a lifestyle of honesty and recovery. All forms of addiction (regardless of the chemical used) are treated with a consistent therapeutic approach. We do not consider one addiction more difficult to address than another.

We believe that addicts and alcoholics must become creatively involved in the recovering community in order to maintain sobriety. Our primary role as a treatment program is to identify and help to remove any barriers to entering and engaging in that community.

The ideals and principles that established Dawn Farm have proven their value in hundreds of young people who, because of their treatment experience,

have maintained happy, drug-free lives. In studies of program graduates, a significant percentage remain consistently successful.

ABOUT OUR SERVICES

No recipient shall be denied appropriate services from Dawn Farm on the basis of race, color, national origin, religion, sex, age, mental or physical handicap, marital status, sexual preference or political belief.

Dawn Farm has a strong commitment to providing quality services to underserved populations—especially minorities, women and pregnant addicts—and welcomes such referrals.

ADMISSIONS INFORMATION

Dawn Farm Huron Street accepts referrals from individuals, families, health services agencies, courts and other sources. Admissions are made dependent upon bed availability and other program needs.

HOW TO APPLY

Though we encourage initial contact by referral sources, the individual in need of treatment must initiate the intake process. A waiting list is common but fluctuates in length. Persons seeking admission must meet the following criteria:

- Age 17 or older
- Detoxified and chemical-free
- Free of warrants for their arrest
- Without a primary psychiatric disorder
- Motivated and willing to participate in program

ADMISSIONS INTERVIEW

When an opening exists, an individual will be contacted and an admission interview scheduled. Prospective residents should come prepared to stay. Admission interviews are usually held at the Farm during normal business hours.

TREATMENT ACTIVITIES

During initial treatment, residents participate in two group therapy sessions a day, a variety of supportive activities and numerous AA meetings each week. Residents are invited to join a small but important

community of recovering individuals.

In addition, work therapy enables residents to learn basic work habits, responsibility and self esteem. Residents are involved in farming—planting, harvesting and caring for livestock. Huron Street House residents also work at our Detox Facility, assisting newly recovering individuals with basic needs. Work therapy enables residents to learn basic work habits, responsibility and self esteem.

Residents may complete GED or high school classes at the Dawn Farm Learning Center. Recreational activities encourage development of new skills and healthy alternatives to chemical use.

Staff will also work with residents on job hunting, budgeting, locating a place to live and forming strong outside supports. Some residents may utilize additional vocational services while moving closer to discharge.

Following discharge, we expect a six month commitment to our aftercare services. Aftercare is an important part of lasting recovery.

TRANSITIONAL HOUSING

Transitional housing and support services are available for Farm residents following their residential stay. Qualified women and their children may also utilize the Women's Transitional Program.

WOMEN'S TRANSITIONAL PROGRAM

Transitional housing and support services are available for qualified women and their children, providing transitional housing, childcare, parenting support and ongoing clinical care.

TREATMENT COSTS

Fees for treatment and for room and board are determined based upon existing program costs. Third-party insurance programs and HMOs generally do not cover non-hospital care. Some residents can obtain subsidies from the State of Michigan.

Many residents are indigent. No one who lacks insurance or funds will be refused treatment, but we

often have waiting lists. Resident fees are subsidized with donations to make treatment more affordable. Dawn Farm will negotiate arrangements on an individual basis.

OTHER SERVICES

Sub-Acute Detoxification

Dawn Farm has a limited number of beds available for short-term detoxification from alcohol and other drugs. For information, call the Detox office at 734/669-8265.

Jail Program

The staff conducts an on-site therapeutic program for inmates at the Washtenaw County Jail, providing education, group sessions and treatment planning.

Education Series

Dawn Farm offers an annual series of sessions for the education and growth of families and other concerned persons. Please ask our staff for information,

Outpatient Services

Dawn Farm offers complete outpatient treatment for individuals requiring a less intensive level of care. For information, call the Outpatient office at 734/821-0216.

Family Treatment

The extent of family treatment is determined on an individual basis. While families and significant others can expect some involvement in the total treatment process, the program will evaluate family treatment on an individual basis—it has been our experience that in some cases some separation from family can be helpful.

AN OPPORTUNITY TO VISIT

An "open" AA discussion meeting is held every Sunday evening at 7:00 pm at the Farm facility. We encourage prospective residents to visit the Farm program at this time. Tours of the Farm and other sites are also available. We discourage unscheduled visits in order to preserve the integrity of treatment.



dawn farm

P.O. Box 981098 • Ypsilanti, MI 48198-1098
734/485-8725 office • 734/485-6103 fax